

FIVE MINUTES TO KEEP YOUR FAMILY SAFER

In late January, a Marysville man woke up for work and found smoke throughout his apartment. He helped his family safely escape and they called 911. Firefighters arrived minutes later to find the outside balcony covered in flames and smoke so thick they could no longer see inside the apartment. The family did not recall hearing smoke alarms, even though they had a hardwired system.

"This family was extremely lucky," said Marysville Fire District Fire Marshal Tom Maloney. "Fire spreads faster than many of us realize. Just a few more minutes and we could have been responding to a very grim scene."

SMOKE ALARMS IN YOUR HOME

- Install smoke alarms in every sleeping room, outside each separate sleeping area, and on every level of your home.
- Large homes may need extra smoke alarms.
- Interconnect all smoke alarms throughout your home for the best protection. When one sounds, they all sound.



FACT: A closed door may slow the spread of smoke, heat and fire.



Five people escaped this 67th Ave NE apartment fire on January 25 after a resident woke up and saw smoke.

Working smoke alarms save lives, cutting your risk of dying in a home fire by half. To be sure your smoke alarms are working, test them regularly.

"Smoke alarms can only protect your family if they work," Maloney said. "It's important to test them every month and it's also important to know that smoke alarms do not last forever."

Batteries should be replaced once each year in smoke alarms with replaceable batteries. Replace all smoke alarms when they are 10 years old. Smoke alarms more than 10 years old may not effectively alert you during a fire, even if they sound when tested.

Five minutes spent checking your smoke alarms today can go a long way toward keeping your family safe in the future.



MARYSVILLE FIRE DISTRICT DISPATCH

SPRING 2023



FIRE SERVICE FAMILY

MEET YOUR



Firefighter/Paramedic Harrison McCabe joined Marysville Fire District in September 2022 after several years working as a firefighter in Utah.



Firefighter Susie Carver recently promoted to become MFD's first female Deputy Fire Marshal after serving our community for 16 years.



Firefighter Chris Burnette always looked up to firefighters as a kid. He's served departments throughout Snohomish County since 2008.

IS YOUR CHILD READY FOR A SEATBELT?

A child can ride safely without a booster seat when you can say YES to ALL five.

- Back sits against vehicle seat without slouching.
- Knees bend at edge of seat.
- Lap belt fits across upper thighs and shoulder belt fits across mid shoulder.
- Feet rest on floor.
- Child can remain in this position the entire trip.

Most kids will need a booster seat to ride safely until age 8 to 12.



WORD SCRAMBLE

Unscramble the words below. HINT: Ask a grownup to help you read through this newsletter for clues.

- eirf tfsaye _____
- komse mraal _____
- frei kctur _____
- srien _____
- moeh rife pacsee lpna _____
- siedtou eegtnim acipe _____
- komse mraal ttabreeis _____
- nirpslekr metssy _____
- rrefieghfti _____
- maclenbua _____
- rife nisatot _____

Find more fire safety games, car seat information and more at [MarysvilleFireDistrict.org](https://www.marysvillefire.org)!



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MARYSVILLE FIRE DISTRICT



FROM YOUR FIRE CHIEF

Thank you for reading our newsletter. I am confident you will find it informative and helpful as we work together to create a safe community.



After spending my career in California, it is a pleasure to be here, ready to serve the residents and visitors of Marysville Fire District.

I have been impressed by the professionalism of the members of this organization. I can assure you that your well-being is our primary concern and motivation for being public safety professionals. From the personnel you see in the community to the support staff behind the scenes, each member of our team is equipped and trained to provide exceptional customer service to you.

In addition to our core mission of emergency medical services and fire suppression, Marysville Fire District provides public education and inspections as well as water rescue, technical rescue and hazardous materials response.

With the new season, we are ready to spring into a new chapter of planned and intentional growth. Our goals are supporting the community we serve and caring for our members, so we are able to respond to your emergency needs. We are a professional customer service organization committed to public safety, your safety.

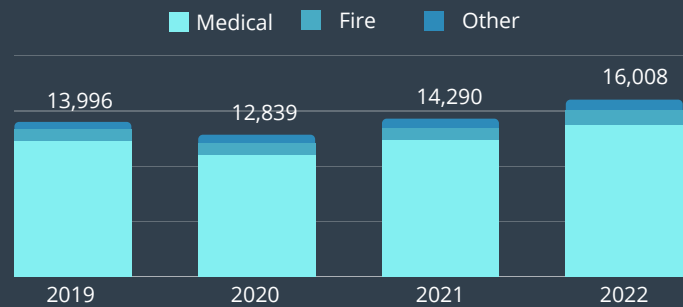
If you have any questions, please contact us so we can assist you.

Ned Vander Pol
Fire Chief

Fire Chief Vander Pol joined Marysville Fire District in February, bringing 27 years of fire and emergency medical services experience to our community.

Vander Pol first joined the fire service in 1995 as a volunteer firefighter in California. He served two decades with the Vista Fire Department in San Diego County, working through the ranks before retiring as Vista's Fire Chief in December 2022. He holds a master's degree in public administration, completed the executive fire officer program at the National Fire Academy and is a credentialed Chief Officer by the Commission on Professional Credentialing of the Center for Public Safety Excellence.

EMERGENCY CALLS PER YEAR MARYSVILLE FIRE DISTRICT



FIREFIGHTER ROLES IN CPR CALLS



HIGH-PERFORMANCE RESPONSE THAT SAVES LIVES

When your loved one experiences cardiac arrest, we know every second is critical.

At Marysville Fire District, a minimum seven firefighters are dispatched to CPR calls, each with a keen understanding of their role.

"We need at least two people doing chest compressions," said Medical Services Officer Kate Shepard. "We need one, if not two people, managing the airway. We need two paramedics who can interpret an EKG reading, establish an IV or administer medications. Then we have an officer making sure everything is being documented in real time so we have an idea of this patient's medical history and are doing things with respect to their wishes."

It's called high-performance CPR. Research shows that higher quality CPR, including deeper and continuous chest compressions, means a higher chance of survival. An even greater goal is improving the patient's chance of a normal life after recovery.

"Truly what we're aiming for is quality of life in these resuscitations," Shepard said.

Survival rates for out-of-hospital cardiac arrest are low, generally around 10 percent. Bystander CPR can double or triple a patient's chance of survival.

"That is really what matters in saving someone's life is getting CPR started," Shepard said.

Firefighters train on high-performance CPR at least once each month to keep their skills sharp when the call comes. Countless hours of repetition are driven by the hope of giving more families a positive outcome.

"It's all the reasons you go into the fire service or all the reasons you go into medic school," Shepard said. "You want to be doing a job that makes a difference."

PulsePoint
BE A LIFE SAVER.

Be alerted to sudden cardiac arrests near you, so you can start CPR in the critical minutes before firefighters arrive.

PulsePoint is a **FREE** mobile app.



LEARN HANDS-ONLY CPR



Use the QR code or visit marysvillefiredistrict.org.

WORKING FOR YOU



CRASH RESPONSE Firefighters extricated one patient trapped in this vehicle following a crash on 64th Street NE in February. Paramedics took the patient to the hospital with potentially serious injuries. Firefighters have responded to more than 100 crashes so far in 2023.



EMERGENCY MEDICAL SERVICES More than 80 percent of Marysville Fire District's calls are medical related. It's why every firefighter is trained as a Paramedic or Emergency Medical Technician (EMT). In 2022, firefighters transported more than 6,000 patients to local hospitals.



NEW FIREFIGHTERS In January, we welcomed six new firefighters committed to serving our community: Laura Koty, Alex Leonard, Dillon Wade, Nicholas Morin, Conrad Hasse and Hailey Gribble. Their journey will include 14 weeks at the Snohomish County Fire Training Academy and one year of probationary training.



HORSE RESCUE Firefighters helped rescue a senior horse that fell over on top of a fence in late January. Neighbors moved the horse out of standing water and firefighters helped get him onto his feet. The horse had no obvious injuries.