

**AGREEMENT BETWEEN**  
**LIFE SCAN WELLNESS CENTERS**  
**AND**  
**Marysville Fire District**

THIS AGREEMENT is made between Marysville Fire District, a contributing employer to the WFCA Benefits Trust (“WFCA”) and Life Scan Wellness Centers (hereinafter “Life Scan”).

WHEREAS, the WFCA and Life Scan have entered into a Professional Services Agreement (hereinafter “PSA”) to provide annual NFPA 1582 / 1583 physicals to eligible WFCA Trust participants;

WHEREAS, the PSA provides that the WFCA Trust will compensate Life Scan for each NFPA 1582 / 1583 physical performed;

WHEREAS, the PSA provides that Life Scan and the Employer will mutually agree to a time and place to perform the NFPA 1582 / 1583 physicals;

WHEREAS, the PSA further provides that Life Scan and the Employer may agree that Life Scan is to perform additional work at the Employer’s request;

**NOW THEREFORE**, in furtherance of the above, the Parties agree to the following:

1. Life Scan will perform 45+ NFPA 1582 / 1583 physicals at TBD between Dates TBD Employer agrees to communicate the availability of the NFPA physicals to its employees and to identify to Life Scan all employees that will be receiving an NFPA 1582 /1583 physical.

2. Employer agrees that it will be financially responsible for the cost of the NFPA 1582 physical (\$775.00) if: (1) any WFCA Trust participant employed by the Employer fails to appear for his or her NFPA 1582 / 1583 physical and (2) after being provided an opportunity to reschedule, is either non-responsive to the request to reschedule or fails to appear at the rescheduled time slot. Employer also agrees to cover labs (\$100.00) if labs are performed but no appointment is scheduled/attended

3. Employer and Life Scan agree that Life Scan will perform additional work as set out on the scheduling agreement which is established during time of schedule.

4. Spouses and retirees are not covered under this agreement but may utilize Life Scan services at their own expense, paying the same out-of-pocket price as covered participants.

Life Scan Wellness Centers

*Todd Leduc*

By: \_\_\_\_\_

*(signature)*

Print Name: Chief Todd LeDuc

Title: CEO

Date: 01-23-2026

**WFCA TRUST PARTICIPATING  
EMPLOYER:**

Employer: Marysville Fire District

*Ned Vander Pol*

By: \_\_\_\_\_

*(signature)*

Print Name: Ned Vander Pol

Title: Fire Chief

Date: 01-23-2026

Address: 1635 Grove Ave  
Marysville, WA

## Quote

Exp. Date: 2027-12-31

Prepared for

WFCA Healthcare

Member Exams: TBD

<b>2026 PRICING</b>		<b>PRICE</b>	<b>QTY</b>	<b>SUBTOTAL</b>
Comprehensive Hands On Physical		\$750.00	1	\$750.00
EMR Fee		\$25.00	1	\$25.00
Mandatory LifeScan NFPA Proprietary EMR System with Behavioral Health Assessments				
				<b>\$775.00</b>

### 2027 PRICING

Comprehensive Hands On Physical	\$750.00	1	\$750.00
EMR Fee	\$25.00	1	\$25.00
Mandatory LifeScan NFPA Proprietary EMR System with Behavioral Health Assessments			
			<b>\$775.00</b>

This quotation is subject to the following terms and conditions:

1. Minimum of 45 appointments to come on site. Can combine multiple departments
2. Pricing subject to annual increase
3. Pricing is based on 9 patients per day, 45 per week. All scheduled appointments will be billed.

Additional Info:

1. Detailed scope of work can be found on page 2
2. Additional testing that can be added to the exam is listed on page 3 & 4

**Public Safety Physical Exam (NFPA 1582 Compliant)**

Medical & Occupational/Environmental Questionnaire	Included
Comprehensive Hands-On Physical Exam	Included
Vital Signs: Height, Weight, Blood Pressure, Pulse	Included
Behavioral Health Eval - Epworth Sleep, PCL-5, PHQ-9	Included
Back Health Evaluation	Included
Urinalysis	Included
Audiogram	Included
Titmus Occupational Vision Exam	Included
Breast Exam with Self-Exam education	Included
Personal Consultation with review of testing results	Included

**Laboratory Tests:**

Comprehensive Metabolic Panel, Blood Chemistry	Included
Complete Blood Count, Hematology Panel	Included
Hemoccult Stool Test for Colon Cancer Screening	Included
Total Lipid Panel	Included
Thyroid Test TSH	Included
Glucose	Included
Hemoglobin A1C	Included
Men: PSA (Prostate cancer marker) and Testosterone	Included
Women: CA-125	Included

**Ultrasound Screenings (Early Detection of Heart Disease and Cancer):**

Echocardiogram (Heart Ultrasound)	Included
Carotid Arteries Ultrasound	Included
Aorta and Aortic Valve Ultrasounds	Included
Liver Ultrasound	Included
Gall Bladder Ultrasound	Included
Kidneys Ultrasound	Included
Spleen Ultrasound	Included
Bladder Ultrasound	Included
Thyroid Ultrasound	Included
Men: Prostate and Testicular Ultrasounds	Included
Women: Ovaries and Uterus Ultrasounds	Included

**Cardiopulmonary Testing & Fitness Eval (NFPA 1583 &IAFF WFI)**

Cardiac Stress Test (Treadmill with 12 lead, sub-maximal)	Included
EKG, 12 Lead	Included

**Public Safety Physical Exam (NFPA 1582 Compliant)**

Spirometry, PFT with OSHA Respirator Medical Clearance	Included
Fitness tests for muscular strength & endurance	Included
VO2 Max Calc for Aerobic Capacity	Included
Body Weight and Composition	Included
Personal Fitness Rx	Included

**OPTIONAL TEST AVAILABLE**
**2026**
**2027**

Chest X-Ray, 2 view with radiologist review	\$91.00	\$96.00
Lumbar X-Ray, 2 view with radiologist review	\$91.00	\$96.00
Hazmat Cholinesterase	\$92.00	\$97.00
Hazmat Heavy Metals	\$92.00	\$97.00
Hepatitis A Screening Test	\$71.00	\$75.00
Hepatitis A Titer	\$43.00	\$45.00
Hepatitis B Screening Test	\$68.00	\$71.00
Hepatitis B Titer	\$44.00	\$46.00
Hepatitis C Screening Test	\$68.00	\$71.00
HIV Test, Gen 4	\$33.00	\$34.00
PPD TB Skin Test	\$27.00	\$28.00
QuantiFeron Gold TB Blood Test	\$84.00	\$88.00
Tdap (Tetanus, Diphtheria, Pertussis) Titer	\$35.00	\$37.00
MMR Booster	\$109.00	\$114.00
MMR Titer	\$98.00	\$103.00
Varicella Titer	\$147.00	\$154.00
Polio Booster	\$36.00	\$38.00
Polio Titer	\$74.00	\$78.00
Nicotine	\$78.00	\$82.00
Vitamin D	\$27.00	\$28.00
Apolipoprotein B (inflammation test)	\$27.00	\$28.00
C-reactiveProtein	\$22.00	\$23.00
Homocysteine	\$22.00	\$23.00

OPTIONAL TEST AVAILABLE	2026	2027
Lp(a) Cardiac Inflammation Test	\$41.00	\$43.00
OSHA Respirator Mask Fit Testing (PortaCount)	\$48.00	\$50.00
Drug Screen, I CUP	\$58.00	\$61.00
Drug Rescreen with confirmation	\$68.00	\$71.00
Medical Review Officer (MRO) as indicated/secondary review	\$136.00	\$142.00
Phlebotomist (Blood Draw) Fee	\$30.00	\$31.00
Labs Drawn without Appointment	\$100.00	\$100.00
Form Fee - Add'l forms needing to be filled out by APRN (per form)	\$50.00	\$50.00
Secure Wifi if not provided by department (per week)	\$50.00	\$50.00

# CERTIFICATE of SIGNATURE

REF. NUMBER  
KTTMR-DNGMS-OSLGZ-IMHWX

DOCUMENT COMPLETED BY ALL PARTIES ON  
23 JAN 2026 18:04:47  
UTC

SIGNER	TIMESTAMP	SIGNATURE
<b>TODD LEDUC</b>  EMAIL TODD.LEDUC@LIFESCANWELLNESS.COM	SENT 23 JAN 2026 16:10:54  VIEWED 23 JAN 2026 16:22:53  SIGNED 23 JAN 2026 16:23:20	  IP ADDRESS 99.45.224.116  LOCATION BOCA RATON, UNITED STATES
<b>RECIPIENT VERIFICATION</b>		
EMAIL VERIFIED 23 JAN 2026 16:22:53		
  EMAIL NVANDERPOL@MFDRFA.ORG	SENT 23 JAN 2026 16:10:54  VIEWED 23 JAN 2026 18:00:33  SIGNED 23 JAN 2026 18:04:47	  IP ADDRESS 104.28.116.130  LOCATION SEATTLE, UNITED STATES
<b>RECIPIENT VERIFICATION</b>		
EMAIL VERIFIED 23 JAN 2026 18:00:33		

